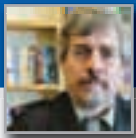


# THE NORTH SAC NEWS



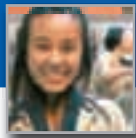
**Independence Day Parades!**

Page 2



**Local Resident Honored with Presidential Award**

Page 7



**Nearly 100 Students Granted Scholarships**

Page 8



**Old Meets New with SacQR Tour**

Page 14

Serving the North Area Communities of Antelope, Elverta, Foothill Farms, McClellan, North Highlands, Pleasant Grove & Rio Linda

## Youth Services Unit Making an Impact

JUST A THOUGHT...

BY TAMAIRA SANDIFER

When Sheriff Scott Jones took office at the end of 2010, he saw the need to be proactive in addressing problems facing our youth. He sought and obtained a Federal grant enabling the Sheriff's Department to bring on 25 officers specifically dedicated to this cause. The Sheriff's Youth Services Unit (YSU) is targeting youth vulnerable to gang affiliation, drugs and alcohol abuse, and other chronic or crisis behavior and provide them with intervention, mentoring, and positive activities as alternatives. They also have workshops and training programs for community members.



Take time to sit the whole household down and write notes of thanks to those who have done special things for you this year."

The SYSU has partnered with two outstanding local non-profits, the Sheriff's Community Impact Program (SCIP) and the Sheriff's Activities League (SAL). Teaming with these non-profits has expanded their reach and offers the community more resources. Each of these organizations offers positive alternatives to juvenile delinquency and features recreational activities and

sports, as well as leadership and mentoring programs for youth in Sacramento County. Their common goal is to make an impact on crime by starting early and reaching out to the youth in our community.

Through community partnerships with local faith-based organizations, the Sheriff's Youth Services Unit hopes to build our youngsters' spirits, develop character, inspire face to face socializing and let them have fun! In turn, the youth of North Sacramento will promote through the program developing a sense of community, adult mentorship, and positive friendships.

Sgt. Mark Scott is the Youth Services Unit Supervisor. According to Sgt. Scott, the Youth Services Unit has been well received in the community. Over the course of the last 5 months the Youth Services Unit has been reaching out through safety related presentations at local schools. In addition, they have also reached out to several faith-based organizations. One of which is Liberty Towers Church on Elkhorn Boulevard, where they host the Friday Night Hoops program on the first Friday of each month. The community is invited to this free event where the youth can interact with Sheriff's department personnel, community members and faith-based organizations. A critical component of the Friday Night Hoops program is the Life Lesson. The purpose of the Life Lesson is to discuss a variety of

topics designed to encourage young people to make good life decisions, become productive citizens and reach their full potential.

"The Friday Night Hoops program has provided us the opportunity to mentor youth in the community in a safe environment. A little encouragement goes a long way." According to Sgt. Scott, many of the youth mentored through the program have stated that their perception of law enforcement has changed from negative to positive.

The Sheriff's Youth Services Unit's vision is to work with community partners in developing young men and women who are able to face the future with a sense of direction, ability and promise. The primary mission of SYSU is to collaborate with community partners to address

SEE YOUTH SERVICES UNIT, PG 12



### Inside . . .

- Independently Healthy . . . . 4
- Community Calendar . . . . . 6
- Local Schools . . . . . 8
- Real Estate . . . . . 13
- Crossword / Sudoku . . . . . 15
- Pets . . . . . 16
- Places of Worship . . . . . 18
- Classifieds . . . . . 19

For guaranteed delivery to your home or business, subscribe to the North Sacramento News - \$20/year.

Visit [www.NorthSacNews.com](http://www.NorthSacNews.com), or call (916) 334-6700.



[facebook.com/northsacnews](https://facebook.com/northsacnews)

Postal Customer

PSRT STD  
U.S. POSTAGE  
PAID  
ELVERTA, CA  
PERMIT NO. 4527



**NOW OPEN!**

**4400 Elverta Road, Antelope**  
**916-725-0115**  
Open 7 days a week • 11am - 10 pm

See Ad on Page 3



# New Principal Assignments in Twin Rivers

Twin Rivers Unified School District has announced three new principal assignments effective July 1.

Xay Phongmany, a vice principal for 10 years at Rio Tierra Junior High, will be the new principal at Martin Luther King Jr. Technology Academy. Phongmany is a 1992 graduate of the district's Foothill High School. He has a bachelor's degree in liberal studies from CSU, Sacramento. Phongmany also taught math for six years at Rio Tierra.

Diedre C. Barlow, vice principal at Norwood Junior High, will be the school's new principal. Barlow, a graduate of Eastern Illinois University with a bachelor's degree in elementary education, was a former vice principal at Rio Linda Junior

High School (now Rio Linda Preparatory Academy). During her career she has been a math teacher and a volleyball, basketball and softball coach.

Timothy R. Hammons is the new principal hired for Regency Park Elementary School. Since 2011, Hammons has been vice principal at Rio Linda Preparatory Academy. He has a master's degree in educational administration vfrom CSU, Sacramento. Hammons is also a former principal at Frederick C. Joyce Elementary School.

Twin Rivers Unified School District serves approximately 30,000 preschool through adult education students in northern Sacramento County.

# Youth Services Unit...

CONTINUED FROM PAGE 1

complex issues concerning youth violence and delinquency. Through positive influence, the Youth Services Unit will cultivate resilient, productive, and optimistic young men and women who will, in turn, be able to make positive contributions to our community.

Some of the key values youth will learn through the new outreach programs are: Integrity - Doing what is right for the right reasons; Honor - Displaying the highest standards, ethically and morally, Responsibility; Making good life choices and being accountable for your actions; Self-Discipline - Utilizing thought, action and speech toward improving yourself and reaching goals, and Character - Building successful young men and women through

the development of positive character traits. All of which are building blocks for successful adult leaders with bright futures.

Additional mentoring programs that the SYSU offers include: Girl's Circle, Sheriff's Youth Leadership Academy (SYLA), SHOCK, Folsom Prison Youth Diversion Program, Rugby, Boxing, Soccer and The Girl's Fitness Club. All of these programs are designed to build positive, lasting relationships with the youth.

To learn more about ways to get your youth involved in the SYSU community events and programs offered, visit their website at [www.ssdysu.org](http://www.ssdysu.org)



**45th Anniversary SALE July Only!**  
**GAS • WOOD • PELLET • ELECTRIC**

**15% Off Save up to \$619!**  
 One coupon per person. Not valid with any other offer. Exp. 7/31/13

Biggest Selection!

Family Owned & Operated  
**SACRAMENTO**  
 5545 Auburn Blvd. @ Garfield • 916 331-2423  
**ELK GROVE**  
 9097 Elk Grove Blvd. • 916 714-4423

**www.customfireside.com**

© SHELLEY'S SMART SHOPPER™

lic.#642413 **Roofing, Repair & Gutters**

New Construction  
 Repair & Replacement  
 Seamless Gutters

Call now for your free estimate!

**(916) 339-0615**

Locally owned & operated

**STEVE'S Rock N' Readymix**

**"We sell more than just rock!"**

We Sell Landscape Materials • Building Supplies • Concrete • Lawn Food • Block Walls • Fireplace Pits • Benda Board • Metal Buildings • Sod • Growers Blend • Retaining Walls • Bark • Aggregate • And MORE!

**Come Check us out!!!**

**DELIVERY AVAILABLE**

Open Monday - Saturday 8 am - 5 pm

**3316 Elkhorn Blvd North Highlands**  
 Two blocks West of Watt Avenue

**338-5251**  
 Call for your free estimate!